

MEDICAL ADVISORY/INFORMATION

STATEMENT OF FACTS

BE AWARE, I, Thomas Lee Larsen have been diagnosed with a medical condition of Obsessive Compulsive Disorder (OCD) and Borderline Personality Disorder (BPD).¹ These ailments manifest themselves as a higher than average degree of sensitivity to always expecting fair and just treatment from those individuals or organizations, particularly the judicial system & personnel, with whom I interact. During times of unfair or unnecessary aggravating experiences — sometimes even minor ones — my symptoms, similar to a *severe* allergic reaction, have been known to flare up; and, as past history indicates, when they do I do not respond very well. (This is *especially* true when the *same* offense is committed a second or more times.) This hyper-sensitivity — not possessed by many, but in fact intensified in me by a series of judicial system misdeeds — is more understandable when you realize how some victims of crime are severely traumatized by the experience while others of a similar crime are barely affected at all. And reacting in an ardent manner is easier to comprehend when viewed from the perspective of a victim who has been repeatedly violated or emotionally battered over and over again by some wrong doing. Victims usually reach a point where they say they won't take it *any* more, *no matter what!* Battered Wife Syndrome is now a recognized condition affecting some continually abused wives who have reached their limits. Thanks to several perpetrators, I am now in a similar position — my abusers being misbehaving judicial personnel, and my condition more correctly being called Abused Defendant Syndrome (ADS) — a condition equally worthy of attention and consideration.²

Combining OCD, BPD, ADS, a mild form of Intermittent Explosive Disorder (IED), Narcissistic Personality Disorder (NPD),³ with my other less intense malady, Adjustment Disorder with Disturbance of Conduct, more than once, my behavior and desires to even the score have materialized into something that tends to — depending upon the degree of inappropriate actions — considerably cost, inconvenience, embarrass, and/or aggravate the perpetrator, or organization he, she, or they represents, who has victimized me in some way. These reactions, while at times quite extreme but always intentionally non-violent, have sometimes been channeled into actions not even illegal; and most of the time there is no defense against them. When I have chosen a method of response I knew could *not* lead to legal problems, I experience considerable satisfaction & pleasure when I can publicly make somebody look bad & then have a chance to get the last word by saying, “I tried to tell you so.” Three areas I am *extremely* sensitive about and that *must* not happen are: Don't unfairly treat, discriminate against, belittle, taunt, or unnecessarily aggravate me in any way; don't cheat, cost, or make me — by way of pressure, threats, or extortion — spend MY money (or even time) on things *I* don't want to — especially to correct damage *you* caused, did, or allowed to happen!!! (I can give numerous examples where even a small unfair cost resulted in a great expense to others⁴); and one of the *most* important of all, *don't ever, ever* again mess with — or worse yet, take — MY legitimately obtained personal property. Since I was seriously violated on January 11th, 1980 by the Secret Service I now put *much* more emphasis on MY material possessions than people with a spouse and kids put on their family members, and I protect & cherish these possessions and punish violators as fiercely — possibly more, depending upon the level of violation. You know how you'd feel if someone touched your kid's private parts without permission. I *am* that same way with MY material possessions. I don't have a spouse, kids, or friends and I'm not looking for any. I'm a loner — a disgruntled loner. I've got MY personal property — *don't* mess with it (or put me in a position where others are able to)!!! *Or* even touch it! Trust me; you don't want to commit this offense again! That's a dark tunnel you don't want to explore. This is the one I worry the most would trigger me off the worst. This is a major hot-button issue — my Achilles' heel. My fuse is far *far* too short to withstand *any* violation. Just respect *my* personal property as you want others to respect your kid's private parts — i.e. no touching! It's as simple as that. A child could understand it. Can you? Despite what some may think, I do not resent authority figures — only those who abuse their authority, and today, abuse it in even minor ways.⁵

Recently, due to additional judicial system misconduct, my tolerance level and resilience to withstand *any* of the above violations — plus being lied to or about (or having my statements misquoted), having the wrong thing nit-picked on or exaggerated in any way (don't blame me for something I didn't do [see threats example below], or equally bad, amplify what I did do beyond proper bounds [don't make a mountain out of a molehill and keep your concerns and priorities on the *right* thing⁶]), having a hypocritical double standard imposed upon me in *any* way (don't persecute me, or punish me more, on something others are allowed to do to me or others, especially

law enforcement personnel [the Manhattan Beach Police Department and Torrance courts are already in the dog house for committing this offense]), or various other wrongs; especially threats of *any* kind which is sure to aggravate the situation (I got prosecuted and punished for *mere* words improperly understood as being a threat in 1989 and am *very* touchy about receiving them from judicial personnel who think they can throw them around at will and then have the nerve to actually expect me to simply accept them. In two cases [1986 & 1989] I was threatened under fraudulent pretenses to plead guilty or no contest to higher offense level charges the DA and judge knew I didn't do; my behavior *only* matched Penal Code requirements for guilt of lesser charges. Receiving threats is a *very* volatile issue to me. Don't commit this one! I cannot make it any clearer.)⁷ — has gone even lower and I am less able to forgive, forget, or accept them. This intrinsic quality is something you have to be cognizant of and attempt to work around. In fact, knowing this tendency, you have more of a responsibility, as professionals, to modify your expectations and act in ways that will not promote an escalation of symptoms, bring on certain kinds of unfavorable behavior, or open a Pandora's box. Just as you work within the framework of any differently-abled (handicapped) person's lesser capabilities, medical weaknesses, or greater sensitivities, that same methodology *must* be followed here. This way I won't have an opportunity to resolve matters in a way I'm typically accustomed to doing and you'll have to respect that.

In order to avoid one of the above mentioned reactions, and while working within the structure of my innate nature, I now admonish a prospective perpetrator of my limit(s) and encourage him, her, or them to please choose an alternate course of action, slack off, or otherwise correct the situation when I am nearing my capacity. (And since the 1985 & 1989 Torrance travesties that capacity is reached with *barely*⁸ any misconduct whatsoever.)⁹ This way, if the offending party doesn't refrain, he, she, or they must be accountable and accept some of the responsibility and criticism for the possible outcome that may transpire if I suffer a relapse. If they choose to play by less than the rules of the road, then they dare *not* have a right to complain if I respond in a like fashion.

Everyone has their limits — mine just happen to be lower than many peoples. Past behavior suggests that; I accept it; and work around it. I am no longer in a state of denial about it. I will no longer hide my true nature in the closet, nor will I lie about it or get bogged down worrying about it. If I'm treated not right, I *will* respond to some degree — period! This is now a feature of my intolerant personality, and a part of the landscape of my life, thanks to past judicial improprieties, and you have to accept it and work around it. And I will not make excuses, apologize, or feel remorse in the slightest for my intentional non-violent reactions when perpetrators *knew* of their wrong behavior but proceeded anyway.¹⁰

If my alternate personality is to remain safely in remission without exacerbated reactions (if I am to avoid falling off the wagon, not backslide, or whatever you wish to call it) as I wish, your conduct *must* factor my lower¹¹ threshold into the equation also. In fact, limits are important factors to take into consideration when interacting with anyone like this, whether they have OCD-BPD-ADS-IED-NPD¹² or not, and should not be brushed over lightly. As hindsight demonstrates, and professionals have predicted, when they are, unfavorable conduct can and has happened — the exact opposite effect of what you're trying to accomplish. To persist is literally a penny wise and pound foolish situation. For all concerned, please adjust your actions toward me accordingly.

Sir Isaac Newton's third law of motion, "for every action there is an equal and opposite reaction" applies forcefully in various areas of our lives, even beyond the realm of the typical physicist in the laboratory — and in my case, the reaction has exceeded the action in many instances (much like has been done to me). Like a dog eventually bites back if he's kicked too many times, in a similar analogy, guilty culprits should not continue their misbehavior and not expect to get bitten eventually.

With the advantage of hindsight of past tragedies, and extensive knowledge of my unfairness/aggravation intolerant nature, most possessing wisdom and desiring to keep reactions within less invasive and acceptable levels, appreciate the opportunity to alter their course when prompted. It's better to eliminate a problem rather than compound one — to enhance benefits rather than side effects. An ounce of prevention is *surely* worth a pound of cure. In 1991 I successfully made it off of state parole without any relapse due, in large part, to parole authorities properly minding their P's & Q's. Let's continue following that same format. They almost faltered once, but an earlier version of this *Advisory* helped get them back on track within an acceptable "comfort" zone of behavior and a relapse was averted. I don't need the extra aggravation in my life at this time and those who act inappropriately don't need repercussions and/or bad media coverage. I'm an easy dog to hunt with — my needs

are simple. Just don't violate any of the above and/or get on my shit list, which is *very* tough to get off — *especially* for re-offenders. Just like judicial personnel never forget defendants' past misbehavior, even years ago (I still suffer adverse treatment because of an offense I committed in 1959 at age 9), I too *never* forget violations committed against me! I too keep a record — a “rap sheet” if you will. I too am an injustice collector. (The San Fernando Juvenile Court and Van Nuys Probation Department remain on that list to this day for a 1967 costly to me misdeed.) More caution needs to be shown so that a person not otherwise “dangerous” — or just merely a nuisance like me — is not actually made dangerous. If you want to be treated fairly, you must first treat others (me) fairly. Only then is *everyone* benefited.

Please excuse my sternly worded admonishments (which are *not* intended to be illegal threats, but rather merely words of advice on expected proper conduct to follow), but critical situations — brought on by *your* own past misdoings — require strong words. I am only expressing how my anger level is *extremely* high (thanks in extra special part to Torrance buffoons committing offenses against me on two separate occasions [the second time after knowing full well the results of their first misbehavior])¹³ and I do not again want to reach a point where a violation of even minor severity is the straw that breaks the camel's back. Several times in the past both I and professional evaluators — including psychiatrists — advised judicial personnel of not only a proper course they should take, but also that neglecting it may result in unfavorable behavior. (I have never hidden the fact that my “comfort zone” of behavioral activities that I'll accept from judicial personnel grows increasingly narrower with each new or recurring violation.) Every time this advise was neglected predictions of poorer responses regrettably came true. You wouldn't give a recovering alcoholic a drink knowing he or she may suffer a steep fall after even just one drink. I ask the same courtesy. You know the side effects and impact of your misactions. Put your emphasis on smoothing my ruffled feathers rather than ruffling them to a point beyond any hope of smoothing them over again. I'm currently fairly well composed with my attitude with the judicial system at the present time.¹⁴ My writing, speaking, and teaching on judicial abuse matters trickles off any lingering misgivings I still have and profits from these activities helps make up improper financial losses I shouldn't have suffered. Let's help keep me in a tranquil state. I haven't backslid in an illegal way since being released from prison in August 1990, but that continuing status is *very* dependent upon further ongoing proper behavior of judicial personnel. Heed the lessons of your past mistakes, acknowledge and learn by them, and use the advantage of hindsight — don't screw up again. Don't stir up a hornet's nest — again. Don't throw gasoline on a smoldering fire. Don't light my *short* fuse. Don't push me over the edge. Just don't cross the conduct/misconduct line — again! Remember, you are on *very* thin ice.¹⁵ Think relapse prevention; not abuse infliction. Do not for *one* second even think of sidestepping the *Fairness Doctrine*. And *never* forget my number *one* cardinal rule; keep your money grubbing little fingers outa' my piggy bank, (i.e. wallet) — and *off* of my personal property.¹⁶ I'm a perfectionist with it. I sure can't make it any clearer than that. Remember, that's what got you in the dog house more than once before. Enough said? Or shall I speak more forcefully? LEAVE ME AND MY POSSESSIONS ALONE; I'm a bottom-line oriented (if you want anything from me you've gotta' “show me the money” *first* 'cause I ain't doin' nothin' that doesn't make financial sense for *my* bottom line — you got that?), narcissistic, materialistic, loner kind of guy (I've become increasingly more like this with each new judicial violation) and MY possessions are MINE; don't bother us!!! *All* I care about is *my* happiness and *my* health. The rest of it — I can give a shit. And my money and possessions fall in the “my happiness” category. Let *us* get along with our lives with as minimal of aggravations as possible. Trust me; all will be benefited by it. Now shooo..... Get out of our faces; leave *us* alone and at peace unmolested!!!¹⁷

Take that bold step. The ball's now in your court.
PLAY FAIR and tread lightly with *utmost* caution!!!

ENDNOTES

¹. This document, without endnotes, is nearly identical to pre-arrest (November 7, 1993) distributed copies. Necessary changes since then have been added below as endnotes.

In 1989, after the second Torrance travesty, I made a solemn vow to personally not do anything unhealthy, directly act, or behave in *any* way that will purposely aggravate or bring to the surface my various symptoms. Likewise, I vowed to not allow symptom producing behavior to be done to me without first advising the instigator(s) of certain features of my personality along with likely undesirable consequences of their high-risk misbehavior. To honor this

second part of my promise I've prepared this document to advise other interested parties of my medical weaknesses and disabilities, along with highly recommended courses of action or behavior that should be not only followed, but those that should be abstained from. Provided these tenets are adhered to, undesirable features of my avenge-prone personality should not bubble to the surface, and that in the end is the *real* purpose of this document.

2. Besides the afflictions listed in the original *Advisory*, I also have several professionally recognized symptoms of Post-Traumatic Stress Disorder (PTSD), the most notable being: Hyper-sensitivity to justice; Anger; Fantasies of retaliation and destruction; Cynicism and distrust of government and authority; and Tendency to fits of rage. I have previously described my afflictions as if grabbing me by both lapels and not letting go until they get their way. These additional ailments became active as a direct result of the FBI, ATF, Bakersfield Police Department, Federal Court & associated personnel, and Bureau of Prisons (BOP) improprieties beginning on day one (November 7, 1993), leaving my anger level much, *much* higher than ever before. Details of their — and past culprits' — misbehavior can be found in my *Statement of Judicial Debts Receivable*.

Be aware, all of my ailments listed within are chronic, meaning they cannot be cured. But, barring the optimum remedy — having each violator make *proper* restitution with an apology; as I've been saying all along — they can at least be contained through proper actions and behavior on your part. That's where *you* come in. You've got to take the *first* pro-active step. I can only do so much alone within the framework of my disabilities. You've got to chip in too. All you have to do is follow the precepts outlined within these pages and not commit *any* traumatic stressors or trigger events — *especially* those listed within. Nothing could be simpler — or cost effective. Believe me when I say, on account of this latest bout of violations, proper conduct by any and all judicial personnel is *considerably* more important than ever ever before. You've got *no* slop factor for *any* mistakes — no margin for error. Today a minor mistake could result in the same undesirable response that once required a more major violation to occur. Just like I must be ever mindful of positions and movements I make, lest I inflame my easily irritated lower back into a painful condition, I — and you — *must* be ever mindful of conduct I am exposed to, lest some of my barely in remission and easily activated symptoms become visible within society. While fixing a misbehavior on your part can be somewhat successful, (and believe me, you've got a *lot* of fixing to do, let alone restitution to come up with [And just for the record so you'll know, these above stern and wrath filled endnote words were written in prison before I come home and found out I was ripped off by my *own* relatives — all because I couldn't secure the house up *properly* after my parents passed away and hire a *reputable* company or person to look after my affairs during my incarceration as I could have done if I would have been out on bail as I *should* have been. But no, I was too "dangerous" to let out on bail because of the anger I expressed in the threatening letters I mailed *and* the publicity I was making — which I shouldn't have made to begin with if deceit and misconduct hadn't been committed by the judicial system early on in this case. So how do you think I feel now? Now that I've been ripped off of some irreplaceable things? You know, I said long ago in an earlier version of this *Advisory*, which was in distribution to judicial personnel, that "More caution needs to be shown so that a person not otherwise 'dangerous' — or just merely a nuisance like me — is not actually made dangerous." Now I don't want to harp I tried to tell you so but... Didn't I tell you about my allergic threshold and how easily my system is overwhelmed by misbehavior of offenders? Are you going to bring my perpetrators to justice? You should!!!!) prevention is *measurably* better. Treat the *original* reason; not the symptoms — get at the core. Give it a try this time. Be that pro-active participant. Let's *both* work at it together for the mutual benefit of *all* concerned. There's no need for anyone to come out the goat with big time egg on their faces again. Trust me when I say this natural, drug free *safer* alternative remedy is measurably more effective than synthetic pharmaceutical drug pushing, band-aid fixing, "traditional" toxic psychobabble hocus-pocus "therapy" could ever be. And it's at no cost to anybody!

3. and PTSD

4. This is for your benefit as well as mine. My file and writings (*Statement of Judicial Debts Receivable*) are full of emphasis upon emphasis I place upon MY money and MY personal property. These are the things that butter my biscuit so don't even think about prevailing with messing with or taking any of it. You *really* should be more concerned about making amends and apologizing for all past violations anyway — along with bringing my violators to justice — not committing new ones. I've lost far *far* too much to and because of the judicial system's misbehavior already. That *won't* happen no more — trust me on this folks! You haven't trusted my advise in the past (at a great cost and embarrassment to society and the judicial system) but trust me on this. I *won't* be a victim again. I'm a mooch and a hoarder. I wanna' get all I can for free; and I wanna' hold on to it. No more income will be forcibly funneled from me by the judicial system in *any* way! *None* of my personal property will be tampered with *ever* again! I *won't* stand for it (as I didn't before in more minor ways)! I've taken a solemn OATH on it. Be advised!

5. Since the above words were penned in 1989 my personal property and home were *badly* ransacked and vandalized *again* on November 7, 1993, this time by the FBI, ATF, and Bakersfield Police Department with the assistance of officers from the Manhattan Beach Police Department and the Torrance Police Department. Grrr! This, despite *strong* warnings in their possession not to, along with clearly stated consequences for doing so. Currently, we

are in a “holding pattern” while they get their ducks in order so they can come up with and participate in an acceptable restitution plan. (And just for the record, nearly everyone has been put on notice — i.e., they know what they’re suppose to do to make up their wrongs.) Be advised; “Three strikes and you’re out” is now law and in effect with *substantial* increases in punishment for third time losers. (And according to current California law that third strike can be relatively minor, so, you’re on notice; mind your P’s and Q’s *very very* carefully. After all, if I’m subject to the law’s sanctions, then it’s only fair that you are too. And I believe in being fair — I obsess on it! What’s good for the goose is good for the gander. The judicial system now has 2 serious strikes against them (January 11, 1980 and November 7, 1993). Need more be said? Generosity goes only so far, be it *from* the judicial system (I’ve never gotten any) — or directed back *toward* it (I’ve never given any either). Now go deal with it!

6. Misplaced priority violations seem to get committed more often than anything else, despite their full knowledge of returned reactions. If you’re going to play pin the tail on the donkey, make sure you pin the tail on the *right* place.

7. *Especially* since I’m doing an *extra* 6 months on my ’93 federal sentence because of those 2 fraudulent convictions. This is another one of those dark tunnels you *don’t* want to go down. The BOP with their Financial Responsibility Program (FRP) threatened thefts should have paid attention here knowing full well how I settled a similar threatened theft in state prison in 1990. They had this document (among others) sans endnotes. They should have been *more* concerned about several *more* important things like about bringing my vicious attackers to justice, especially since *their* negligence led to the attack. And also paying to have my tooth that was cracked in the attack fixed right. That’s on them too! (It ended up costing me \$445.00 to get fixed after I got out of prison.) And, of course, bringing the staff members to justice for stealing (or in 2 cases merely being negligent with) some of my personal property several times when I went to the hole. I don’t forget these violations — nor will I ever!

8. with emphasis on *barely*, since my house ransack/vandalism of ’93 et al. (and additionally plus the thefts by relatives when I couldn’t secure the house up properly as I should have been able to do).

9. And that was written before the ’93-’96 violations elevated my anger pulse notches higher and left me with a *zero* threshold to withstand *any* judicial unfairness or unnecessary aggravation. The cupboard is now bare, there’s *no* tolerance left! I’ve been stressed and weakened to the point where my ability to suppress unfavorable reactions after being violated by judicial personnel is nonexistent.

10. I have been a victim of every offense listed within the main document, some more than once. It was for that reason that part of my vow back in ’89, after the second Torrance travesty, included that I would *never* stand for violations again in the *slightest* of ways. You seem to expect me to live with being violated over and over again, sometimes in clearly criminal ways. Well, it *ain’t* gonna’ happen! Especially on violations I’ve been punished for when others committing the *same* offense against me haven’t been. And that goes especially double when pressured threats and/or extortion are involved. Because I’ve been directly or indirectly punished for these particular things (even when my conduct didn’t match code requirements of guilt) that part of my vow to not accept having them committed against me has been *solemnly* honored since that day forward and will forever and ever. And since I received an extra 6 months on my ’93 federal sentence because of one of those fraudulent convictions my vow’s pronouncements have been intensified.

11. now nonexistent

12. -PTSD

13. Ditto the FBI, ATF, and Bakersfield Police Department after knowing of the Secret Service violation in 1980 and the reactions that has been bringing about ever since.

14. Too bad the ’93-’96 violators couldn’t have kept this status.

15. Please, please stay within my *very* narrow range of acceptable behavior.

16. This has become even *more* important since several violations of MY money and MY property were committed by BOP staff during my ’93-’96 federal prison sentence with only some violations being satisfactorily resolved. And in none of the violations were the perpetrators brought to justice by way of traditional BOP methods nor has anyone accepted responsibility or made amends despite complaints and hindsight references to know I’m not to be left in that property-less state.

17. The Secret Service knows what this offense has been costing them, Torrance knows, the California Department of Corrections knows what it cost them, the FBI, ATF and Bakersfield Police Department, aware of past wake-up calls, should have known better — at least they should have been aware of those past wake-up calls; I *never* hid them — (they know I didn’t give them a free vandalism/ransack pass the first time around [January 11, 1980];

there's no reason they should expect it this time), the BOP (re-FRP thefts) should have a hint what it cost them. Let this document be my admonishment signal to cool it. Let it be *your* road map on the highway of fairness. I have 6 felony convictions (There would have been one more had Bakersfield and Newport Beach prosecuted some vandalism counts in a timely manner. Despite the fact there is no 7th conviction, the events surrounding the crime [which I *personally* didn't commit] should leave no doubt that I am the *wrong* person to violate in *any* way; no matter what.), none involving violence or physical injury in *any* intentional way at all. The last 5 involved avenging judicial system misconduct regarding *my* money and/or property in some way at times when I was much less hyper-sensitive to such violations than I am at *this* time. One need only read my *Statement of Judicial Debts Receivable* to see that the common thread connecting each violation, and accompanying response on my part, was always involving *my* money and/or property in some way. And I can show evidence where money was a *hot-button* issue *long* before any of these convictions ever happened and I attained this level of hyper-sensitivity. Is any more clarification necessary? You've known for a long time that you don't put your finger in the till and think you can get away with it. I have not hid the fact that I've taken a solemn OATH to never allow anyone — judicial system personnel or otherwise — to violate them and I've honored my OATH. Even years before I ever took it I was honoring it in more limited ways. I know my breaking point; I'm far, far too close to the edge to withstand another "hit" of this nature. Just don't misplace your priorities onto something of a less important nature; as you've done over and over — even while coming out as buffoons again and again. You now know where your priorities belong and you know all too well what doesn't work. And you've been advised once again, as before, what will work. Putting your foot on the brake and accelerator at the same time hasn't worked before, and there's no reason to believe it will work in the future. See if you can get it right this time — for a change. While past performance is no guarantee of future results, it could be an indication. You've got the advantage of hindsight — a *mountain* of it! My unfairness tolerance is zero and you know that! Try hindsight just once! Let *no* one be victims this time — me particularly. I've given 13 years of my life to the judicial system; a certain percentage of it being improperly imposed. I've paid my dues. Now it's my turn! I just want to be left *alone* unmolested to enjoy my hobbies (astronomy, birding, & Macintosh computers), retirement, and golden years. So keep the boat on a steady course and don't rock it — or me out of remission. I'd be very happy to stay there and deal with the added anger in just my writing, speaking, teaching, and activist activities. As I've said before, "I'm an easy dog to hunt with — my needs are simple. Just don't violate any of the above and/or get on my shit list." Barring making those amends and apologies I keep reminding you about, at least don't commit any new violations! You now have the answer — GO FOR IT!!!